



Radiology & Imaging

CT Scan Instructions

- Please bring your doctor's order form and your insurance card to each visit.
- If you have had any previous pertinent exams that were not performed at one of our locations, then please bring them to your appointment, as we will need them for comparison.

CT of the Abdomen and/or Pelvis (*not* evaluating for stones) - READI-CAT oral contrast and nothing to eat or drink 3 hours prior to appointment. Please arrive 30 minutes ahead of your scheduled appointment. You will need to consume more oral contrast prior to appointment.

- You will need to pick up a bottle of the contrast prior to your exam at either your doctor's office or at the facility where you will be having your exam performed. Please follow the instructions given with the bottle of contrast.

CT of the Abdomen and/or Pelvis (evaluating for stones) - Nothing to eat or drink 3 hours prior to appointment. Please arrive 15 minutes ahead of your appointment.

All CT exams *with IV contrast* or if *decision is per radiologist* - Drink plenty of fluids the evening before and/or the day of your exam and no solid food for 3 hours prior to appointment. Please arrive 15 minutes ahead of your appointment.

All other CT exams - No prep

Instructions for diabetic patients having a CT with IV contrast or if the decision is per radiologist:

Patients taking an oral diabetic medication containing metformins (i.e. gluco-phage) should not take the metformin medication the day of the procedure. If you do not have cardiac or liver disease and normal renal function, then you may resume metformin medication 48 hours after the test. For those who are taking insulin, please try to schedule the test in the morning. Please check with your doctor concerning modification or your insulin dose.

If you have any questions or cannot keep your appointment, please call us at

(413) 827-7400 or Toll Free **(866) 209-7271**